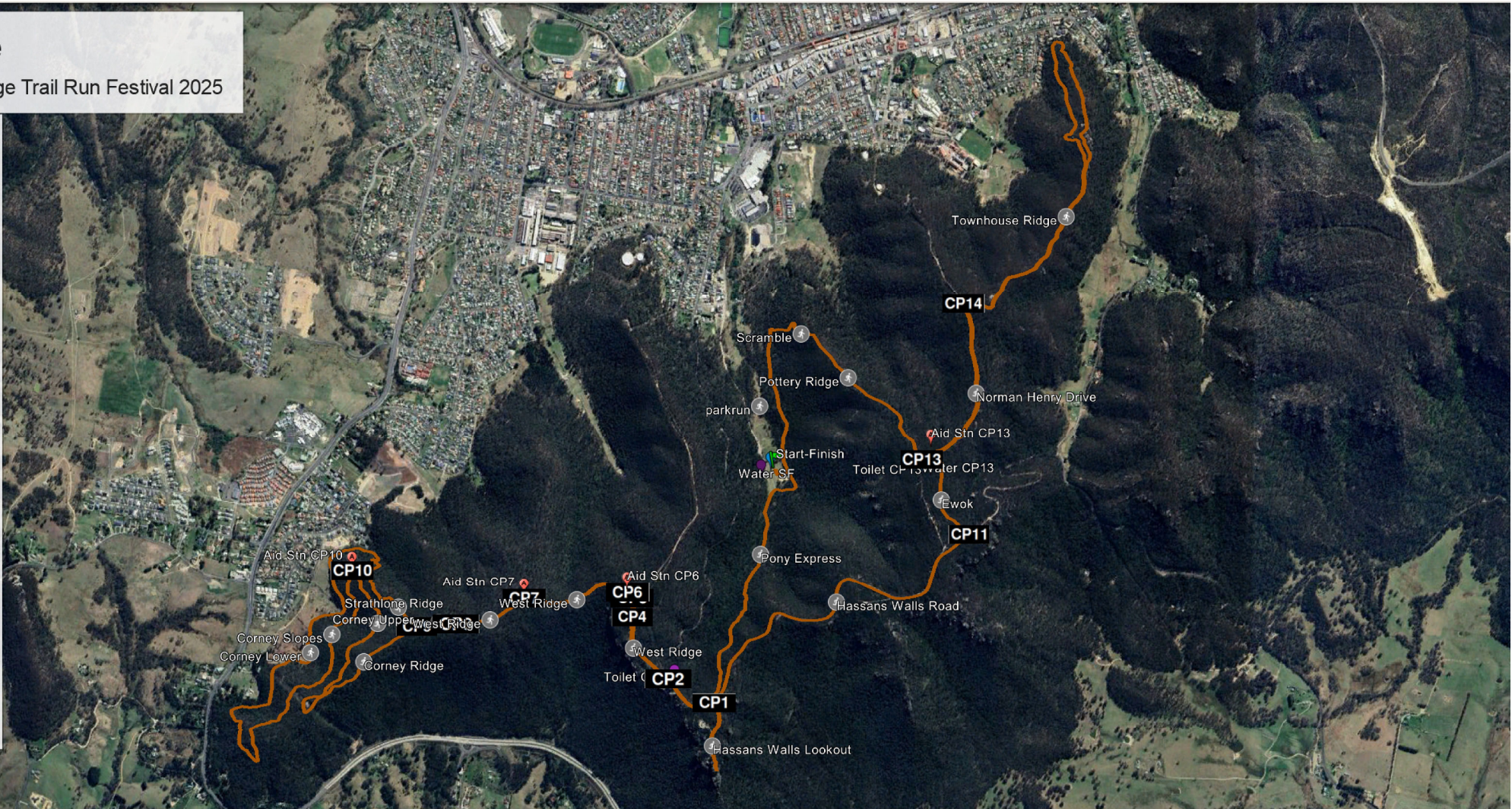


22k course

Lithgow Ridgy-Didge Trail Run Festival 2025

Legend

- 22K course
- Aid Stn
- CP 1
- CP 2
- CP 4
- CP 5
- CP 6
- CP 7
- CP 8
- CP 9
- CP 10
- CP 11
- CP 13
- CP 14
- Start-Finish
- Toilet
- Trail name
- Water



Graph: Min, Avg, Max Elevation: 969, 1078, 1163 m
Range Totals: Distance: 22.6 km Elev Gain/Loss: 1064 m, -1064 m Max Slope: 25.5%, -30.3% Avg Slope: 8.1%, -8.8%



Google Earth